

Health and Safety Policy



Part 1: Statement of intent

This is the health and safety policy statement of:

Défi Parkour

Our health and safety policy is to:

- Prevent accidents to coaches, other members of staff, participants or other people in the vicinity
- Create a safe environment for everyone
- Manage health and safety risks in our workplace
- Provide clear instructions and information
- Maintain the safety of any equipment used
- Ensure a safe environment for children and vulnerable adults
- Implement emergency procedures for various scenarios
- Review and revise this policy regularly

Signed 

Date 07/05/2024

Reviewed: 09/05/2025

Print name CHRIS BOULD

Review date Review in 12 months

Part 2: Responsibilities for health and safety

1 Overall and final responsibility for health and safety:

Chris Bould

2 Day-to-day responsibility for ensuring this policy is put into practice:

Chris Bould

3 To ensure health and safety standards are maintained/improved, the following people have responsibility in the following areas:

Chris Bould

4 All employees should:

- co-operate with supervisors and managers on health and safety matters;
- comply with the policies put forward by IGA, British Gymnastics, Parkour UK and Défi Parkour.
- take reasonable care of their own health and safety; and
- report all health and safety concerns to an appropriate person (as detailed above).

Part 3: Arrangements for health and safety

Risk assessment

A relevant risk assessment has been created for indoor classes, outdoor classes and external coaching. We will continue to add to these risk assessments, especially if working habits or conditions change.

Training

All coaches have appropriate qualifications for the activities and are covered by IGA insurance.

Evacuation

We will ensure escape routes are well signed and kept clear at all times.

If we are in an external venue, coaches will familiarise themselves with the procedures of the venue beforehand.